



Optimist Pioneer



The Optimist Club of Albuquerque, New Mexico Bulletin

Chartered March 9, 1940



In Our 84th. Year of Serving the Youth of New Mexico

Volume 84 August 27, 2023 Issue No. 25

2022-2023 Officers

International President:

Robert McFadyen - 519-500-9458

International Vice President:

Linda McDonald

New Mexico-West Texas

District Governor:

Jack Barclay - 575-202-2796

New Mexico-West Texas

District Sec./Treas.:

Lynne Martin - 505-980-4107

Zone 3 Lt. Governor:

James E. White - 505-238-1436

Club President:

James E. White - 505-238-1436

Vice President for Admin.:

Steve A. Garcia - 505-836-4035

Vice President for Youth:

Fred Trussell - 505-280-4509

Immediate Past President:

James E. White - 505-238-1436

Club Secretary / Treasurer:

Rita R. White - 505-238-1437

Club President Elect. 23-24

Pat Trussell - 505-280-1753

Board of Directors:

2 years:

1. Open

2. LaSheka Mason

3. Patricia Trussell

1 year:

1. Catherine Hatcher

2. Dolores Morgan

3. Open

Club Sergeant-at-Arms:

Steve Garcia

Club Door Greeters:

Patricia Trussell

Optimist Supply:

<http://www.shumskyideas.com/optimist/>

NMCRS# 219956

FED TAX ID (EIN) #850110839

Message from our Club President

Positive Thought for Today: "Your greatest successes in life will often come from assisting others in their endeavors."

— **Shree Shambav**

*Join with other to help Celebrate Community.
The one that gets the credit is not as important as the success of the project.*

James White - Club President 2022-2023

ZOCO A (The Optimist Club of Albuquerque, New Mexico) Friday Luncheon:

Join us on Friday, Sept. 1st, at 12:00 for our next Club Luncheon. It will be a hybrid Luncheon at the Overture Apartments. Training Presentation.

Optimist International offers Leadership skills:

Optimist Institute (formerly LMS): **Free for all Optimist Members!**

The quickly growing content includes the annual Club Officer Courses, and courses in a host of other areas: leadership development, technology (with focus on Microsoft Office products and social media to help your Club and yourself!), optimism, youth and sports, Optimist sponsored programs, personal development skills, and diversity (like working with different generations)

Distinguished Members of The Optimist Club of Albuquerque, New Mexico

1940-1941 Walter Dolde
Charter President

1946-1947 P. J. DeVeau
District Governor

1952-1953 A. F. Reigler
District Governor

1954-1955 Ben Osuna
District Governor

1959-1960 L. M. Gross
District Governor

1961-1962 H. J. Barnett
District Governor

1963-1964 Al Valdez
District Governor

1965-1966 OI Vice President

1966-1967 Ray Eichner
District Governor

1987-1988 Robert Furry
District Governor

1988-1989 Arlin Pennington
District Governor

1991-1992 Fred Leach
District Governor

2007-2008 Venus Sanford
District Governor

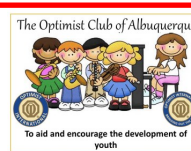
2016-2017 OI Vice President

2021-2022 Fred Trussell
District Governor



Join us on
facebook

<https://www.facebook.com/OptimistClubofABQ/>



<https://optimistclubofalbuquerque.org>

This is the Club's Website.

If you get the bulletin by email hold ctrl key down and click on line above.

ZOCO A NM Events Calendar:

Club Luncheon, Fri. Sept. 1, **Hybrid** - 12:00 - Presentation

Craft Fair, Sunday, Sept. 3, 3801 Osuna NE - 9:00

Club Luncheon, Fri. Sept. 8, **Hybrid** - 12:00 - Birthdays & Anniv.

RM Highland House Bingo, Fri., Sept. 8 - 5:50 - 8:15

Youth Appreciation, Rio Communities City Hall, Sept. 9 - 10:00

Club Luncheon, Fri. Sept. 15 - 12:00 - Police Officers

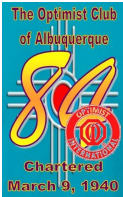
NM-WT District #19
2022-2023



Grow Optimism,
water it with the Creed



Club Contact information:
James White -505.238.1436
jimnewmex101@gmail.com



Welcome to our Club Luncheon



Friday, August 25, 2023

The Optimist Club of Albuquerque, New Mexico



Giving our best to every child

Friend of Youth

The Optimist Club of Albuquerque, New Mexico

★★ ZOCOA Luncheon: (Sept. 1st) ★★

Sept 1st. will be our next Club Luncheon. It will be a hybrid lunch. So join us for fun and fellowship. Training Presentation.

How food service for Luncheons works:

You will be able to select from the provided menu, bring your own food or not eat during the meeting. All orders and confirmation that you will be at the meeting must be received by Friday 9:00 am.

We will send out a menu for each weeks meeting no later than Tuesday. Use this menu to confirm that you will be at the meeting and what you would like to eat. We will pick up the food items and have them ready for you when you arrive on Friday.

The price of the meals is \$15. If you bring your own or do not eat we will charge you \$3 for incidentals and to help cover meals for speakers and Police Officers.

Food Orders will be placed Friday morning If you order a meal and do not inform us by Friday 9:00 am of a change then you will be charged for the meal because we have to pay for it.

It's a live meeting people!

It will be simulcast via Zoom for those unable to attend live

ZOCOA NM Club Luncheon: (Aug. 25th)

Jim called the meeting to order and welcome everyone. Fred gave the invocation and Pat led the pledge. Jim gave his positive thought for the day.

We briefly went over the Purposes of Optimist International. Lynne suggested that we recite them like we do the Creed so we can better tell people what our Purposes are.

A quick motion and vote to use some of the weekly Foundation donations to pay for a Dime-A-Day for Friend of Optimist Glenda Muirhead. That will make us 100% for the year.

Jim made a report on the Tuesday Club Board Meeting. See else ware in this bulletin.

Jim and Rita talked about their visit to Janet Kahn. Several teachers are interested in Kids Speak out and other Optimist programs. The dance teacher is interested in several programs.

Jim reported that the Lions Club wants to join us in Celebrate Community Sept. 10-17. Fred suggested we invite them to join us on Sept. 15 for Police Officers of the Month.

Jim reminded everyone about the Rummage Sale & Craft Fair on the 3rd to help Rainbow Girls. Just stop by and show support.

We will be doing Bingo at the Highland House on Sept. 8 and Yale House on Sept. 22.

Several of us are planning on going to Rio Communities on Sept. 9 to help the Rio Communities Club with their Youth Appreciation Project.

Our next Police Officers of the Month meeting will be Sept. 15th. A good time for lots of Optimist to be at the meeting.

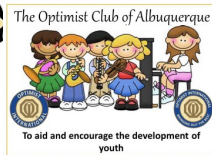
Jim reminded that Sept. 29 will be a La Copita fellowship get together at the Sheraton.

Oct.1 will be an Installation Banquet to install our 2023-2024 Club Officers. It will be at the Overture 55+ Apartments and catered by our friends at Turquoise Roadrunner Catering.

Jim reminded everyone that we need to find 8 or 9 new members. We closed the Luncheon with the Optimist Creed.



Check out our Facebook page
click on the line below



<https://www.facebook.com/OptimistClubofABQ/>

The Optimist Creed

Promise Yourself -

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



Attendance at the Aug. 25 Lunch:

We missed 10 members this week.

We currently have 15 members. In attendance: **(5)**, 4 members, 7 excused (73%) and 1 guest. Attending the meeting were: Fred T., Pat T., Jim W., and Rita W. (We talked after the meeting via phone with Stephanie)

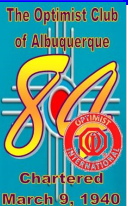
Excused: David C., Kay F., Catherine H., Lasheka M., Starr P., Ron R., and Stephanie S.

Guest: Dist. S/T Lynne Martin,

Club Bulletin:

Let me know of upcoming events and speakers.

If you have information to put in the bulletin call Jim White 238-1436 or email me at jimnewmex101@gmail.com



Upcoming Club Events: (Club Meetings at Overture 55+)

Sept. 1, Fri. Club Luncheon, **via Hybrid** - 12:00 - Presentation
Sept. 3, Sun. Rainbow Craft Fair, 3801 Osuna NE - 9:00
Sept. 8, Fri. Club Luncheon, **via Hybrid** - 12:00 - Birth & Anniv.
Sept. 8, Ronald McDonald Bingo, **Highland House** - 5:30
Sept. 9, Youth Appreciation, Rio Communities, City Hall
Sept. 15, Fri. Club Luncheon, **via Hybrid** - 12:00 - Police Officers
Sept. 17, Celebrate Constitution Day

Website Ads:

Bulletin sponsors and others can now purchase ads on the Club Website. Ads will be \$60 a year or \$15 per Quarter.
We are still looking for Bulletin Ads. \$15 per year.
Contact Rita at 505-238-1437.
Help your Club pay Bulletin & website costs.

Optimist Dues:

The Club will be sending out dues statements for the 2023-2024 Optimist Year in September. There will be a 4% increase to International Dues to cover Cost of Living during the last year.
We are mentioning it now so there will not be a shock.

Club Board Meeting:

Tuesday, Aug. 22 we had a Club Board Meeting. We discussed Club Business, which included Club finances, committee reports and old business.

Under new business we discussed the raise in International Dues, what we could do under Celebrate Community, the Club Installation Banquet, the Sheraton Scare-A-Thon and the loss of the Optimist Club de Santa Fe. Two of their members would like to transfer their memberships to our Club.

Janet Kahn School of Integrated Arts:

Rita and Jim represented our Club at the opening of the new Janet Kahn School. They met with the School Principal, many staff members and teachers. They discussed various projects and programs that we can provide help with.

They were met with a lot of enthusiasm and a promise from the new Principal to speak at an upcoming Club Luncheon.

Ronald McDonald House Bingo Prizes:

We have a great time at Bingo. We need items for prizes. Items like toys and games for children 1 to 14 and items for babies, stuffed toys, clothing and other items. Diapers and baby wipes.

Our box of prizes is getting very low. Can you help?

Next Bingo Night is: **Sept. 8th at the Highland House.**
We also need volunteers for the Bingo Nights from 5:30 – 8:30.



★★★ School Supplies: ★★★

Rita received a call from Kay asking if she could send a check to help purchase School Supplies. Checks and cash are always welcome.

Jim took a few minutes to explain to Overture 55+ staff members how we maintain a supply closet of school supplies so if the need arises we can provide supplies on short notice.

Rita talked with the two Officers at the meeting to have them look out for children needing school supplies.

Speakers:

We need Speaker for the 2nd and 4th meeting of each month. If you know of someone or have a topic you are interested in contact **Dolores Morgan at 505.857.9111 or vivian515@comcast.net.**

District & International Events:

1st. Trimester - Dist. Conf., Nov. 11 & 12, 2023 in El Paso
2nd Trimester - Dist. Conf., Apr. 13 & 14, 2024 in Roswell
106th Optimist International Convention Jun. 23–26, 2024, Niagara Falls, Ontario, Canada (need a passport)
3rd. Trimester - Dist. Conf. & Conv., Aug. 10 & 11, 2024 in Belen

Childhood Health & Wellness:

Join with a local school or health organization and find way to help them fight the many illnesses or problems that fall under Childhood Health and Wellness.



Terri Lynn Nut Sales:

<https://theoptimistclubofabq.terri Lynn.com/>

If you log on to this website and purchase a few items you will be helping our Club raise money for our many Club activities. Tell all your family and friends about this website. *Be a friend of Youth.* Our Club is working to help in providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.



RONALD MCDONALD HOUSE * PULL TABS:



Pull Tabs are made of different alloys of aluminum. As a result they may have slightly different value.

To the families stay at the RM Houses they all have the same value because they pay the expenses of them staying at the Houses.



Childhood Cancer Campaign:

A small child with cancer does not always know what cancer is. The researchers at John Hopkins understands it well and what it does to the child.

You can help them find treatments and cures by donating a few pieces of greenback paper to the OI Foundation.



The Club's OI Foundation Club Piggy:



Go to oifoundation.org
Our Club helps the Foundation by making donations in 5 different ways. We make a 365 donation, Dime-A-Days, Health and Wellness and Childhood Cancer and personal unrestricted donations.



2022-2023 Club Dime-A-Day Members:

(14 of 15 - 93.33%) 1 to go

David C. ♥, Kay F. ♥, Steve G. ♥, Catherine H. ♥, Ramona M. ☺,
Lasheka M. ☺, Dolores M. ♥, Starr P. ♥, Stephanie S. ♥,
Ron R. ☺, Fred T. ♥, Pat T. ♥, James W. ♥, Rita W. ♥


Club Luncheon Dates:

The Optimist Club of Albuquerque, NM meets weekly at the **Overture 55+ Apartment Complex.** That means we will have **regular Club Hybrid (Live & Zoom) Luncheons on the 1st, 2nd, 3rd and 4th Fridays of every month.**

We have Police Officers at the 3rd lunch. A speaker at the 1st. and possible the 2nd. We have a Board Meeting the 4th Tuesday evening and an open lunch the 4th Thursday. If there is a **5th Friday** in the month then we will call it **La Copita Club** and it will be optional and just a social gathering not an official lunch.



GARCIA'S
Kitchen
Catering
505-242-1199



Anyone can donate to Dime-A-Day or the Foundation



505-401-3222


Patricia Trussell
Independent Consultant
Rank: Consultant
patrussell.ThriveLife@gmail.com
www.patrussell.thriveLife.com
Phone: (505) 280-1753
We help people around the world create thriving lives.




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ALBUQUERQUE
6441 Palomas Ave. NE
(505) 288-3192

Bulletin ads are \$15 a year
Website ads are \$60 per year or \$15 per quarter.
Call Rita at 505-238-1437



Walter Dolde
Charter President
The Optimist Club
Of Albuquerque,
New Mexico
March 1940

Optimist Youth Camp
Evening Optimist Club

SUPPORT THEM



505-877-7576



Our community benefits from every donation you make to the O.I. Foundation.





505-836-4035



Robert & Trish Templeton
505.217.6444 or 505.400.4977
turquoiseroadrunnercatering@gmail.com



https://theoptimistclubofabq.terri Lynn.com/



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www.americassanta.com




CHILDREN'S HOSPITAL


Purposes of Optimist International

To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed; To promote an active interest in good government and civic affairs; To inspire respect for the law; To promote patriotism and work for international accord and friendship among all people; To aid and encourage the development of youth, in the belief that the giving of one's self in the service to others will advance the well-being of humankind, community life and the world.


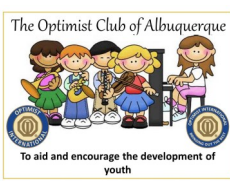


- OPTIMIST INTERNATIONAL CHILDHOOD CANCER CAMPAIGN
- OPTIMIST INTERNATIONAL CHILDHOOD HEALTH & WELLNESS
- OPTIMIST INTERNATIONAL COMMUNICATION CONTEST FOR THE DEAF & HARD OF HEARING
- OPTIMIST INTERNATIONAL ESSAY CONTEST
- OPTIMIST INTERNATIONAL INTERNET SAFETY
- OPTIMIST INTERNATIONAL KIDS SPEAK OUT!
- OPTIMIST INTERNATIONAL ORATORICAL WORLD CHAMPIONSHIPS
- OPTIMIST INTERNATIONAL RESPECT FOR LAW
- OPTIMIST INTERNATIONAL TRI-STAR SPORTS
- OPTIMIST INTERNATIONAL VISUAL ARTS COMPETITION PAINTINGS & DRAWINGS
- OPTIMIST INTERNATIONAL YOUTH APPRECIATION
- OPTIMIST INTERNATIONAL YOUTH SAFETY

Learn more about
The Optimist Club of Albuquerque, New Mexico
at
<https://www.facebook.com/OptimistClubofABQ/>
OR
<https://optimistclubofalbuquerque.org>



For Lovers of Good Books, Fine Spirits and Good Conversation
E. E. Curley Roose - Established March 9, 1940
Luncheon on the 5th Fridays during the year at the Sheraton Uptown at noon

Friend of Youth

Postage Stamp

The Optimist Club of Albuquerque, New Mexico
Meeting every Fridays at 12:00
c/o Fred G. Trussell or Patricia Trussell
Overture 55+ Apartment Complex
6441 Palomas Ave. NE, Apt. 304
Albuquerque, New Mexico 87109

